

Dengue in Endemic Countries

About Dengue



- Dengue fever is a mosquito-borne viral disease that Spreads rapidly around the world. The worldwide incidence has risen 8 fold in the past 20 years, and more countries are reporting their first outbreaks of the disease.1
- Most dengue infections are asymptomatic or lead to mild illness with flu-like symptoms, but occasionally severe dengue can lead to potentially deadly complications.1
 - ° Most dengue cases are either asymptomatic or subclinical; approximately 25% lead to clinically apparent disease, and around
- Dengue is caused by four distinct, but closely related, dengue virus serotypes (DENV-1, 2, 3 and 4).1

5% of these may be severe cases.^{2,3}

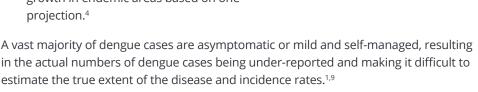
- ° Recovery from infection with one serotype is thought to provide long lasting, but not necessarily complete, protection against that serotype, and short-lived, partial protection against other serotypes. It is possible to be infected by dengue more than once.1
- · Dengue is found mostly in urban and semi-urban areas in tropical and sub-tropical climates where Aedes aegypti and Aedes albopictus mosquitoes are most common.4
 - ° Climate conditions, such as rainy season in endemic countries, can lead to increased mosquito breeding.5

Dengue is a Top Ten Threat to Global Health

- · About 50% of the world's population lives under the threat of dengue, which is responsible for an estimated **390 million infections** globally per year and people in more than 125 countries are at risk of infection. 1,7
- The global economic burden of dengue is substantial and has been estimated to cost \$12 billion per year.
- Since 1970, dengue has spread from nine countries to more than 100 countries.1
 - Pacific regions are the most seriously affected, with Asia representing ~70% of the global burden of disease.1 ° More than six billion people could be at

° The Americas, South-East Asia and Western

risk for dengue by 2080 due to population growth in endemic areas based on one projection.4 · A vast majority of dengue cases are asymptomatic or mild and self-managed, resulting



estimate the true extent of the disease and incidence rates.^{1,9}

Dengue Can Have a Negative Impact on Endemic Regions and Put Significant Burdens on Communities

frequent. Severe dengue is a leading cause of hospitalization

Epidemics are unpredictable and are becoming increasingly

- and death in children and adults in some countries in endemic regions.1 • Hospitals can struggle with high numbers of cases. During an outbreak, affected areas can see a massive spike in cases and
- admitted patients. 10,11 ° Healthcare facilities may face difficulties in finding the necessary space to care for the significant rapid influx of patients, resulting in overwhelmed health care systems.

° Staff on call may not always be sufficient to meet patient demand, leading to stress, fatigue,



The Economic Impact of Dengue is Broad

and unexpected lack of attendance.¹⁰



in endemic countries can

vary anywhere from \$36-

\$2,000⁸ and families

may spend up to a quarter of monthly household income for hospitalizations due

to dengue fever, or more, depending on socioeconomic factors. 13,14 Controlling Dengue



face the expenses of

additional personnel,

equipment and supplies

needed for vector control and surveillance; and monitoring and communication of information about cases, outbreaks and death.¹⁵



loss in tourism, business travel and in foreign and

local investment.15 Dengue can also significantly impact a region's productivity, with long-term fatigue affecting educational

levels and labor supply.15

control methods, such as personal protection, biological control, chemical control and environmental management of mosquitoes1:

insecticide to outdoor water storage containers; ° Emergency control measures: Space spraying of insecticide (i.e., fogging) during outbreaks;

Current efforts for dengue control are directed at reducing infection rate through vector

screens, repellents, or wearing clothing that minimizes skin exposure; ° Community engagement: Educate the community

Personal protection measures: Use of window

on mosquito-borne diseases and mobilize together

Preventing breeding: Removing or applying

- for vector control; Active mosquito and virus surveillance: Build surveillance measures to monitor mosquito population.
- · An integrated dengue prevention and control strategy, including vaccination, is important to combating dengue, as recommended by the World Health Organization (WHO).



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